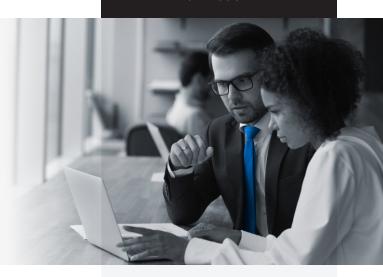


PROFICIO NFB FINANCIAL UPDATE



From the CEO's desk

The perfect storm – surges in the cost of living and inflation prompt higher interest rates

he South African Reserve Bank recently raised interest rates for a fourth consecutive time as it moves to try and stabilise the economy from historical lows in the repo rate and growing inflationary pressures. The broader context is one of almost unprecedented spikes in global and domestic inflation driven by weakening economies, rising fuel, food and energy prices and the protracted conflict in Ukraine causing wide scale supply disruption.

After its most recent gathering the Monetary Policy Committee (MPC) raised the repo rate by 50 basis points to 4.75% in May and many suggest rates will continue to rise. Just for context - this was the biggest jump in the rate in more than six years and a clear reflection of the Bank's growing alarm as spiralling fuel and food costs push consumer price increases closer to the top end of its target inflation range.

As petrol hovers at R24 per litre with further increases on the horizon, stopping at your

local garage to fill up the tank has become a painful experience. The collective groan of consumers at the pump and supermarket tills is now almost audible as the ravages of inflation start to bite. As the indomitable Iron Lady Margaret Thatcher once said, "Inflation is the parent of unemployment and the unseen robber of those who have saved."

Post the last rate hike Reserve Bank Governor Lesetja Kganyago said the Bank had a responsibility to respond to the challenges the economy is facing and to take appropriate measures to protect consumers from the ravages of rising inflation. "We have a responsibility to curb inflation because inflation is eating into the incomes of the working people in SA. We have to live true to our mandate".

The Governor confirmed that as a result of higher global food prices, local food price inflation had also been revised up and was expected to be 6.6% in 2022, up from 6.1%. "While food prices will stay high, fuel price inflation should ease in 2023, helping

headline inflation to fall to 5%, despite slightly higher core inflation. Headline inflation of 4.7% is now expected in 2024".

The higher repo rate means more pain for already under-pressure consumers, especially those with credit cards, home loans and car financing who will now be required to pay more to service their debts. These trends are emerging at a time of already growing distress amongst consumers. Total outstanding consumer debt in South Africa is estimated at a staggering R1.97 trillion, with three quarters of that being home and vehicle loans.

It is these home and car loan consumers that are likely to feel the brunt of inflationary increases the most as salary increases are unlikely to match the rising cost of living. As the cost of debt servicing goes up the typical behavioural response for many is to turn to credit facilities. Credit cards get tapped and swiped more than usual, limits get pushed and the high inflation/high interest environment starts to become a spiral.

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The likelihood is that things are going to get worse before they get better as the inflationary storm still has some time to run.

Anthony Godwin RFP™

Group CEO at Nvest Financial Holdings Limited
Executive Director at NFB Private Wealth Management: East London

Why your family's estate planning is an important part of you financial plan



If you wish to preserve and protect your assets for the benefit of subsequent generations, make estate planning your priority.

he loss of life as a result of the Covid-19 pandemic has forced people to seriously consider their own mortality. There is a growing realisation that life is fragile and can suddenly and unexpectedly change course, impacting those nearest and dearest to us. Therefore, planning and preparing for the worst eventuality with a will in place has become a no brainer, ensuring less impact on those left behind, during a very difficult time.

Estate planning is essential to preserve and protect your assets for the benefit of subsequent generations and to ensure that there is sufficient liquidity in the estate to cover estate duty, taxes, bequests, debts and administration costs.

An estate is fundamentally the sum of an individual's net worth. It is made up of personal possessions, real estate or property, investments and life insurance. There's misconception that only high net worth individuals (HNWIs) have to do estate planning. Given that most people have some possessions – be it a home, car, jewelry or investments that they may want to bequeath to certain family members - this requires estate planning. Having no process or plan in place to wind up an estate can cause unnecessary family stress.

The good news is that you don't need to do this alone and a trusted financial advisor or attorney can assist. There are five considerations that need to be factored in when managing an estate. Arguably the most important element is to have a will. More than a legal document, a will is a vital element of any estate plan. Ensure that your will is up to date and is reviewed on an ongoing basis with a specialist in this area.

It's estimated that as many as 70% of working South Africans don't have a will. Should someone die without a valid will, their estate will be administered in terms of the Intestate Succession Act 81 of 1987 and the estate will be divided up amongst the surviving spouse, parents and children according to a predetermined formula. It's a tedious and drawn-out process.

To avoid this, ensure that your will is regularly updated, particularly if your marital status changes, if an heir passes away, if property is purchased or sold, if an heir immigrates, or there are trust funds for children.

Another consideration is the cost of estate administration. This is set at a maximum of 3.5% (excluding vat) of the value of the estate. It is a good idea to agree this the cost upfront and have it recorded in the will as fees are negotiable. This boils down to personal preference.

Some financial institutions charge the maximum 3.5% in fees and may take an extended period of time to wind up an estate.

A local executor is something to consider. At a time of loss, family members might not know where to start and being able to walk into a physical office or call a pre-defined person and have a one-on-one meeting will make things easier.

Many financial institutions centralise the administration of deceased estates. This often results in the need for a number of meetings to clarify and resubmit documentation. Be aware that the person doing the initial interview, will most likely not be the appointed executor. Communication with the executor often happens vie email or telephone.

In these instances many people may feel like just a number. Access to a local executor will make it easier for family members to ask for advice and to receive individual attention.

The reality, however, is that even the most organised estate and up to date will does not remove the extensive administration required of a deceased estate. Your trusted advisor, who your family needs to know, can make this process easier by being present when meeting with the executor.

Another consideration is liquidity in a deceased estate. Liquidity is required for a number of reasons including any debt that might need to be settled such as bonds, credit cards and vehicle finance, as well as all the relevant taxes or estate duty (if applicable) and costs that need to be paid.

In the event of insufficient liquidity in the form of liquid investments or cash, the executor might be forced to sell assets to generate cash to meet the estate's financial obligations. This can result in assets being sold for less than their value rather than being transferred to beneficiaries. An executor should be able to advise on capital gains tax (CGT), which can have an impact on the amount of cash or assets that are distributed to heirs.

One way of alleviating liquidity issues is to have an income death benefit in place to make up for the potential loss of income in the event of the death of a bread winner. An income death benefit is not reserved for HNWIs only but is something that everyone who is contributing to a household should consider as it will allow beneficiary needs to be covered on a monthly basis in a tax effective way.

An income death benefit can be considered to cover income needed to maintain the household, addressing monthly cash flow requirements.

It is important to have a death or an estate file in a place that your next of kin know about. The file should contain things like bank accounts, online passwords, social media accounts and passwords, any investments you might have, who your attorney is, who your financial advisor is, where your will is housed, who handles your tax, car registration documents, anti-nuptial contracts (ANC), divorce orders and any savings or bank deposit boxes you may have. This will make handling your passing much easier for family left behind.

Estate planning needs to be looked at holistically and is part of an individual's overall financial planning. Other issues to consider include whether you have sufficient life cover in place to cover any outstanding debt as well as sufficient money to see your children through school and university; do you have medical aid; and is your will up to date? This also include discussion on trusts (if applicable), business succession planning and the minimisation of costs. Estate Duty, which is a tax that may be payable, needs to be factored in. This can be saved by limiting most of the growth in the actual estate. The considerations are many and multifaceted.

The executor's function is to effectively step into the shoes of the deceased, wind up their financial affairs and distribute their assets in

The good news is that you don't need to do this alone and a trusted financial advisor or attorney can assist. There are five considerations that need to be factored in when managing an estate.

Jaco de Beer RFP™ Private Wealth Manager NFB Private Wealth Management: East London accordance with the directions contained in the will. These tasks need to be done efficiently, tax effectively and timeously, in terms of the Administration of Estates Act, to ensure that inheritances are not unduly delayed.

Entrusting this responsibility to a local executor, with the inclusion of your trusted advisor can ensure the process is as efficient as possible, providing peace of mind to one's family at a time that they need it most.

Finally – remember the following:

Will - make sure you have an updated version and that the important people in your life know where to find it and who to contact.

"Death File" - this should contain records of or, originals of all the important documentation, as mentioned above.

Liquidity, liquidity, liquidity – make sure funds are available immediately to your spouse or next of kin.

At the core of our fiduciary service is an understanding of your need to provide for your family's future through a meaningful legacy. Working closely with your private wealth manager, we plan how best to manage and preserve your wealth for generations to come.



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From the CEO's desk

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The net result is inevitably higher default rates which prompts credit providers to roll down the lending shutters as the market becomes more distressed. Its messy and painful and why Ronald Reagan once famously described inflation as being, "...violent as a mugger, as frightening as an armed robber and as deadly as a hit man".

South Africa is not alone in walking the tight rope of balancing inflation expectations and simultaneously trying to avoid stifling an already fragile post Covid economic recovery. ed The US Federal Reserve raised its benchmark interest rates three-quarters of

a percentage points on 15 June in its most aggressive hike since 1994 and other Central Banks in the UK, India and Australia have followed a similar trend. The Russian invasion of Ukraine continues to disrupt supply chains globally and inflation sensitive goods such as edible oils, cereals and industrial equipment remain in short supply.

So, whilst we absorb the impact of inflation it is also worth recognising the significant responsibility resting on the shoulders of the Monetary Policy Committee Members – the people entrusted to make the big calls on monetary policy within the eye of the storm.

The Governor (Lesetja Kganyago), his three Deputy Governors (Kuben Naidoo, Fundi Tshazibana and Rashid Cassim) and the Head of Economic Research (Chris Loewald) are at the helm of making policy decisions that are data dependent and sensitive to the balance of risks of de-anchoring inflation expectations. No pressure!

The likelihood is that things are going to get worse before they get better as the inflationary storm still has some time to run.

Seat belts on. It will be bumpy.

Keeping your head in times of crisis



Maintaining a state of calm during challenging, uncertain and volatile times, will stand you in good stead to capitalise on opportunities when they arise.

"If you can keep your head when all about you

Are losing theirs..."

"If you can meet with Triumph and Disaster And treat those two impostors just the same..."

Excerpts from Rudyard Kipling's iconic poem, "If".

It is not the job of a financial advisor to make comments on geopolitical issues; instead, they are responsible for positioning a client's portfolio for the long-term according to their individual risk profile and income or growth needs, or a combination of the two. Intervening acts of a political nature obscure the long-term goal, and decisions taken in the heat of the moment can have adverse effects on overall portfolio performance.

It is challenging to keep your head when values drop rapidly and the triumph of last year's returns turns into disaster after a horrific late February and early March. I had a client ask if this was the start of World War III, while another asked if this was the beginning of Armageddon. Again, financial advisors are not qualified to answer such questions, but wars, rumours of wars, and rising inflation certainly validate those who question whether this may be the case.

I recently fielded questions regarding the non-payment of life policies where the

deceased is vaccinated; a judge in France ruled that the company was entirely within its rights to rule that it was death by suicide as the deceased willingly took an experimental drug. The enquirer could not produce a case number, the name of the company rejecting the claim, the name of the deceased, the drug in question and other polite enquiries. When asked if this has been fact-checked: "Fact-checking is funded by people who don't want you to know the truth."

In a Department of Defence news briefing on 12 February 2002, Donald Rumsfeld famously stated that "Reports that say that something hasn't happened are always interesting to me because, as we know, there are known knowns; these are things we know we know. We also know there are known unknowns; that is to say, we know that there are some things we do not know. But there are also unknown unknowns - the things that we don't know we don't know."

Fake news wasn't a concept known to many of us back then, but it certainly has complicated our lives, and the decisions we make, significantly since then.

So, how do we make sense of this all when considering our investment portfolios?

We can't pretend to know the future, but we can do our level best to thoroughly research appropriate options for our clients depending

on their individual investment needs.
Be open with your advisor about your holdings. Make a decision, but don't keep second-guessing at every turn. Uncertainty and volatility are both on the increase.
Accept that there can be wild fluctuations, and bear in mind that those who panicked in March 2020 certainly now wish they had not done so.



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